



# Valuing Mental Health Resources

*This list of Mental Health Resource Books are available to the District because of a very generous donation from Smiles Thru Lindsey.*

<b>Kindergarten</b> Title	Author
<i>The Invisible String</i>	Patrice Karst
<i>Have You Filled Your Bucket Today?</i>	Carol MacLeod

<b>Grade 1</b> Title	Author
<i>The Dot</i>	Peter Reynolds
<i>The Beautiful Oops</i>	Barney Saltzberg
<i>The Girl Who Never Made Mistakes</i>	Gary Rubinstein & Mark Plett
<i>What do you do With a Problem?</i>	Kobi Yamada
<i>The Invisible Boy</i>	Patrice Barton
<i>Pete the Cat: I Love my White Shoes</i>	James Dean

<i>Have I Ever Told You How Lucky You Are?</i>	Dr. Seuss
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<b>Grade 2</b> Title	Author
<i>Stand Tall Molly Lou Melon</i>	Patty Lovell
<i>Giraffes Can't Dance</i>	Giles Andreae
<i>First Day Jitters</i>	Julie Danneberg
<i>Wilma Jean, The Worry Machine</i>	Julie Cook
<i>The Tenth Good Thing about Barney</i>	Judith Viorst
<i>A Terrible Thing Happened</i>	Margaret M. Holmes
<i>Pete the Cat and His Magic Sunglasses</i>	James Dean

<b>Grade 3</b> Title	Author
<i>It's Okay to be Different</i>	Todd Parr
<i>Feeling Sad</i>	Joy Berry
<i>Ish</i>	Peter H. Reynolds

<b>Grade 4</b> Title	<b>Author</b>
<i>Rosie Revere Engineer</i>	Andrea Beaty
<i>The Heart and the Bottle</i>	Olivia Jeffers
<i>My Day is Ruined</i>	Bryan Smith
<i>Spork</i>	Kyo Maclean + Isabelle Arsenault
<i>The Dark</i>	Lemony Snicket & Jon Klassen

<b>Grade 5</b> Title	<b>Author</b>
<i>Unstoppable Me</i>	Wayne D. Dyer
<i>The Three Questions</i>	Jon J. Muth
<i>What do You Do With a Chance?</i>	Kobi Yamada
<i>We're All Wonders</i>	R.J. Palacio

